

Hassan's Background

Hassan Abdi is a 22 year old immigrant from Somalia. He has been in the United States for a little over three years following living in a refugee camp in Kenya for nearly three years.

He shares a three bedroom apartment in Minneapolis with family members; his mother and four siblings. He is single. Apparently, his father was killed in Somalia.

Hassan is hoping to obtain schooling in English and computers. He is unemployed.

He is adjusting to cultural barriers - his English language proficiency is good; and is adjusting to Minnesota winters.

He has no stable income. He reports doing occasional informal labor for restaurants. He reports largely unstructured time of spending time with friends.

Hassan is a Muslim and is a member of a mosque in Minneapolis.

Hassan's initial contact with the mental health system followed an incident where a mobile crisis response team intervened when he was threatening to harm himself. He was hospitalized.

Hassan reports symptoms of fatigue, headaches, sleep problems, feeling worthless, and that his "mind is always racing". The tentative diagnosis is post traumatic stress disorder; possible major depression.

Hassan has been referred for case management services.